

Staying ahead of uncontrolled gMG



Like other people living with generalized myasthenia gravis (gMG), you may be dealing with uncontrolled disease. That’s why it’s important to learn how to identify symptoms that may be impacting your daily life, and share them with your doctor.

Now




Are you having difficulty walking, or doing household chores, or having trouble chewing or swallowing?



Are you making modifications like using a hair dryer stand because your arms are weak, or eating softer food to make it easier to chew and swallow?

Before Your Next Appointment



Customize your Doctor Discussion Guide to give your doctor a clearer picture of your symptoms. That way your doctor can determine if your gMG is uncontrolled.

Over Time



Use the gMG Journal as a single place to track your symptoms, emotions, and thoughts over time to regularly share with your doctor.

REFERENCES: 1. Cutter G, Xin H, Aban I, et al. Cross-sectional analysis of the Myasthenia Gravis Patient Registry: disability and treatment. *Muscle Nerve*. 2019;60(6):707-715. doi:10.1002/mus.26695 2. Xin H, Harris LA, Aban IB, et al. Examining the impact of refractory myasthenia gravis on healthcare resource utilization in the United States: analysis of a Myasthenia Gravis Foundation of America Patient Registry sample. *J Clin Neurol*. 2019;15(3):376-385. doi:10.3988/jcn.2019.15.3.376 3. Law N, Davio K, Blunck M, et al. The lived experience of myasthenia gravis: a patient-led analysis. *Neurol Ther*. 2021;10(2):1103-1125. doi:10.1007/s40120-021-00285-w

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